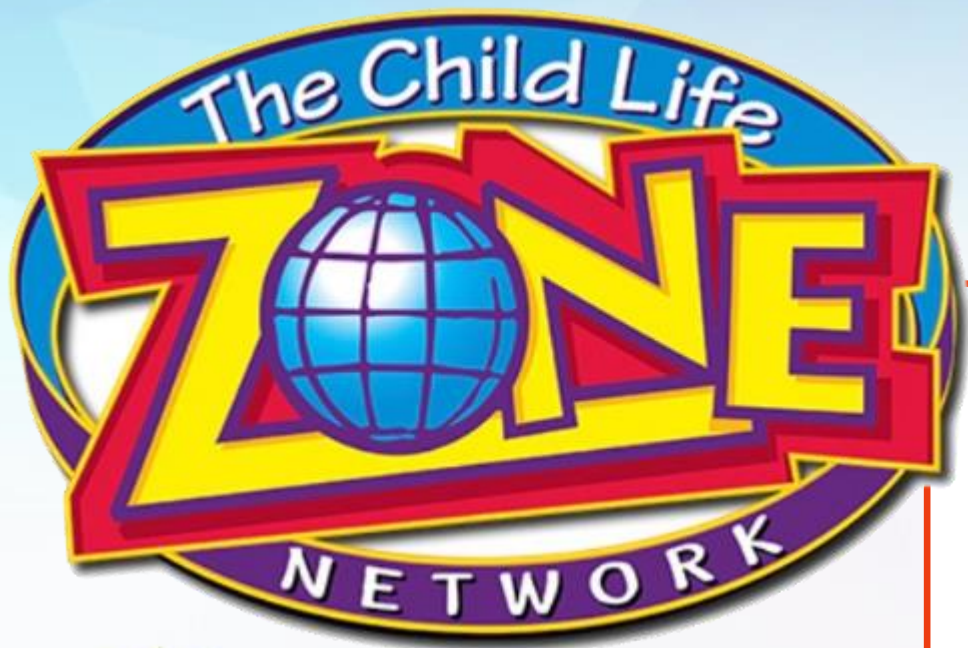


# Playing with Intentionality

Kelli Carroll, MS, CCLS – UCLA Mattel Children's Hospital  
Lauren Hill, BS, CLS – Joe DiMaggio Children's Hospital  
Steph Smith, MA, CCLS – Phoenix Children's





# Ready, Set, PLAY!!!

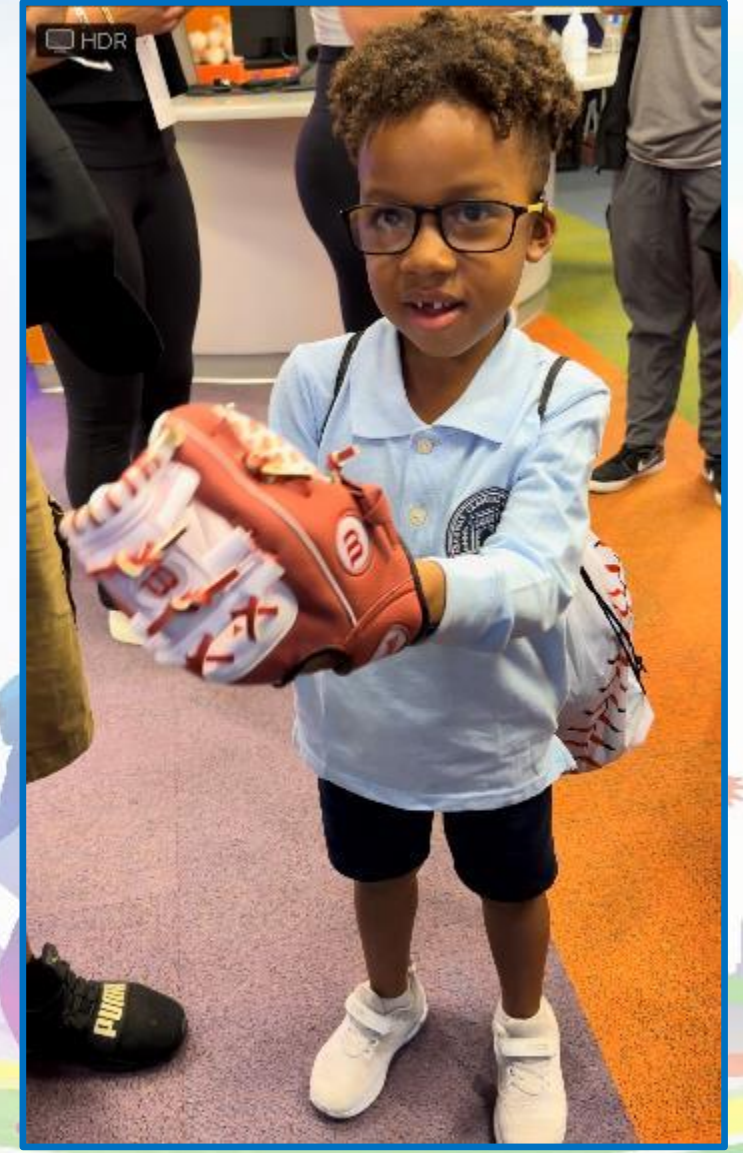


It is essential for optimal development.

Play interventions in the the medical setting have a significant potential benefit for patient and family health.



- Cognitive, physical, social, and emotional development and well-being
- Tools and time
- Milestones
- Ability to heal



Personalize

Engage

Connect





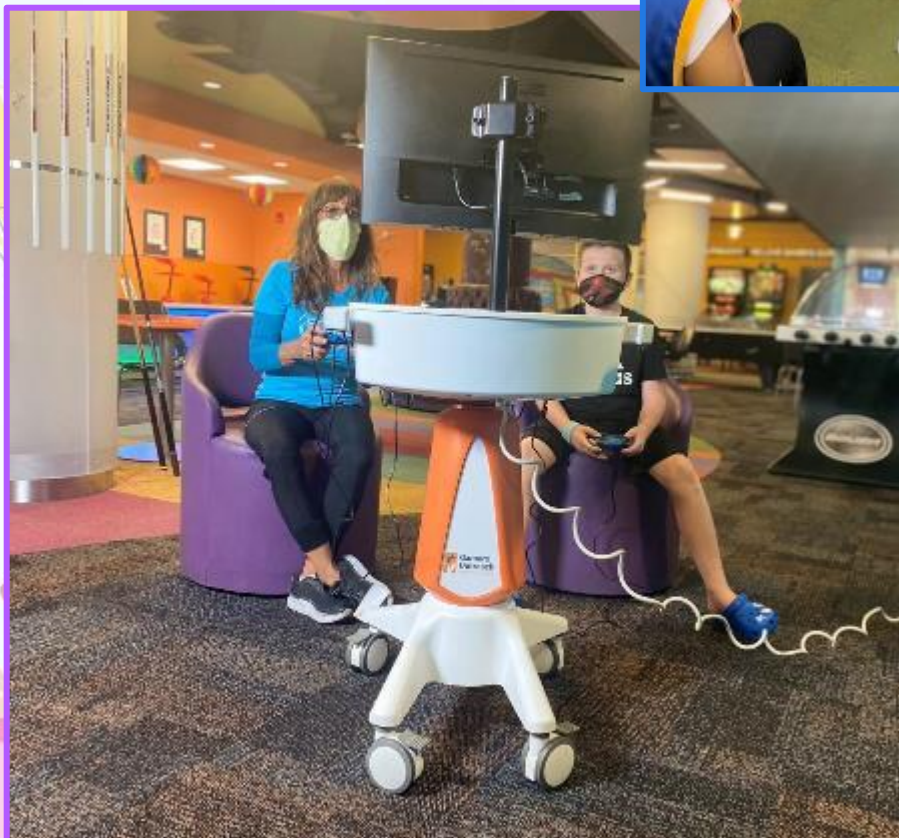
# Jukebox

-Angelina's Song



# Gaming

- Child's Play Charity
- Gamers Outreach



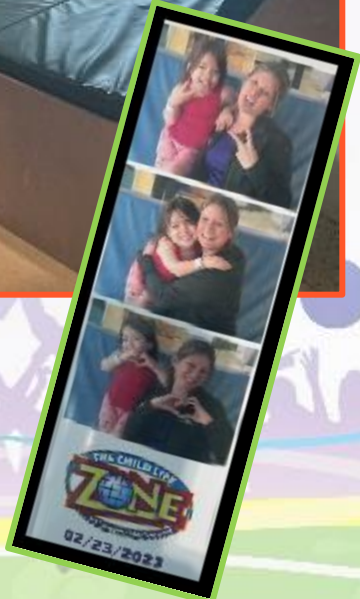
# Pinball

- Project Pinball

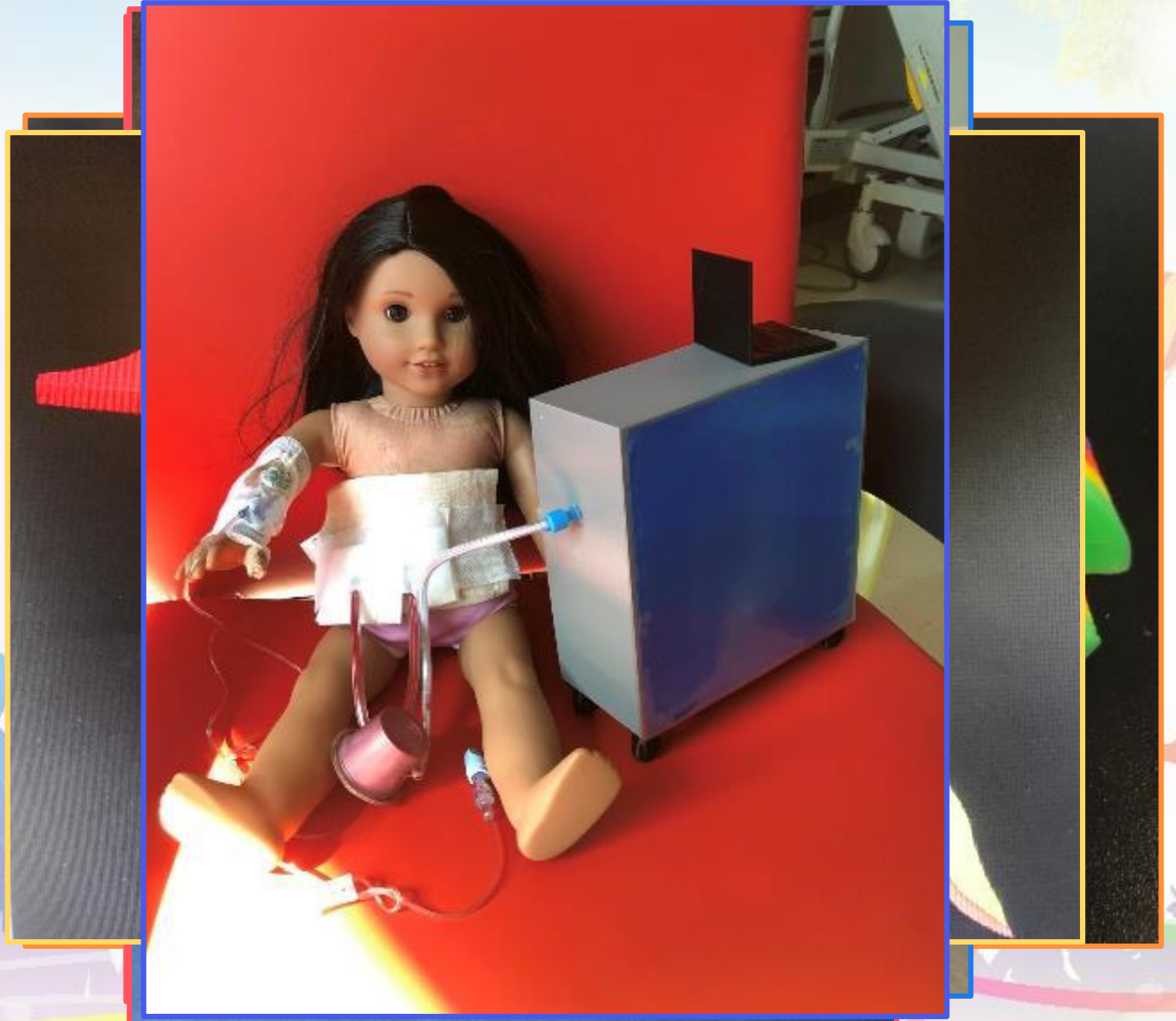
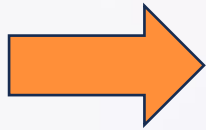




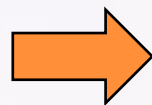
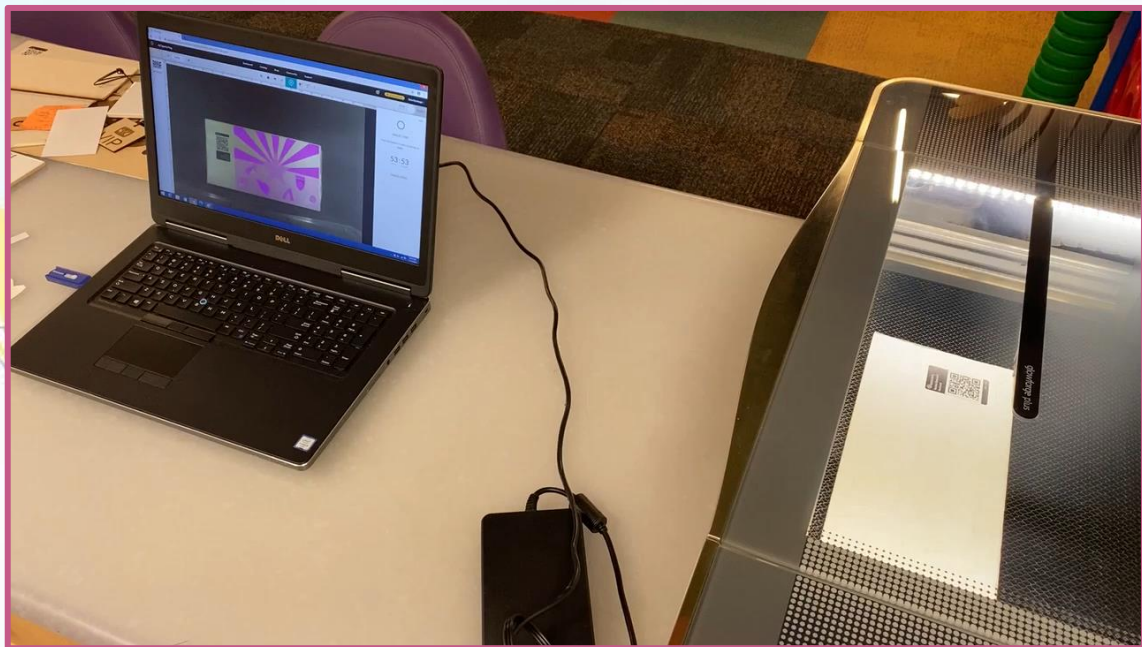
# Photo Booth



# 3D Printing



# Laser printing



# Zone-to-Go

- Brings the Zone experience to patient rooms
- Designed for patients & siblings who are unable to come to the Zone in person
- Provides a quality interaction
- Referrals made by child life staff
- Time statistics are collected



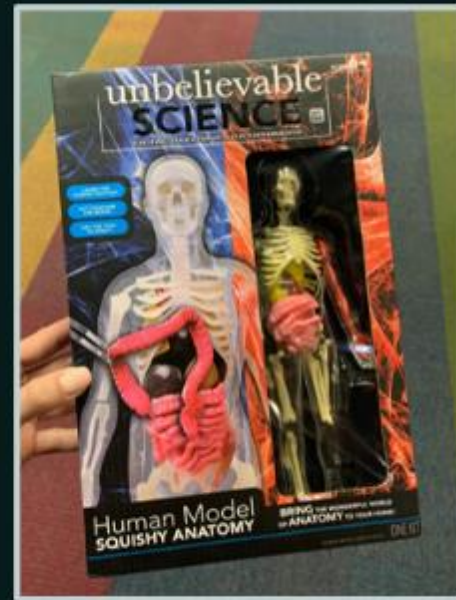
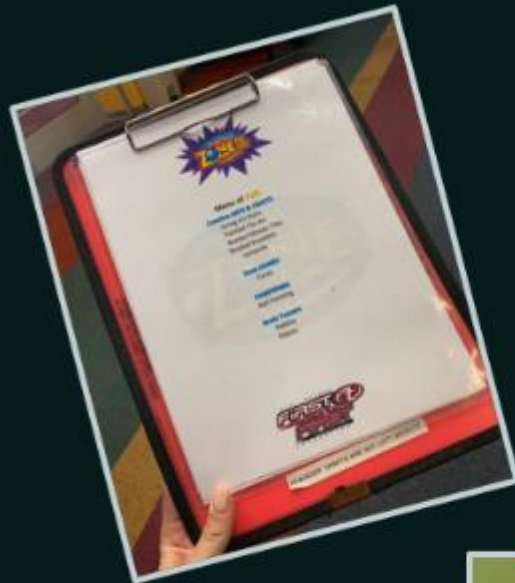
# Zone-to-Go



# Zone-to-Go



# Zone-to-Go



# CCTV

- Promotes normal growth & development
- Offers a diversion
- Provides a creative outlet
- Fosters self-expression
- Builds self-esteem
- Provides an avenue for medical education
- Reaches all patient rooms





# CCTV



CCTV



# *Team 2 Security*

# CCTV

Little Scribbles  
Safari West Live  
Win-Win Live!  
MagicAid  
Healing Seals  
Wheels Up!  
Musicians on Call



# CCTV

Little Scribbles  
Safari West Live  
Win-Win Live!  
MagicAid  
Healing Seals  
Wheels Up!  
Musicians on Call



# Robots

- Provide opportunities for connection
- Encourage socialization
- Lessen feelings of isolation
- Build a sense of choice and control
- Foster normalization
- Promote a sense of mastery
- Offer unique experiences



# Robots



# Robots

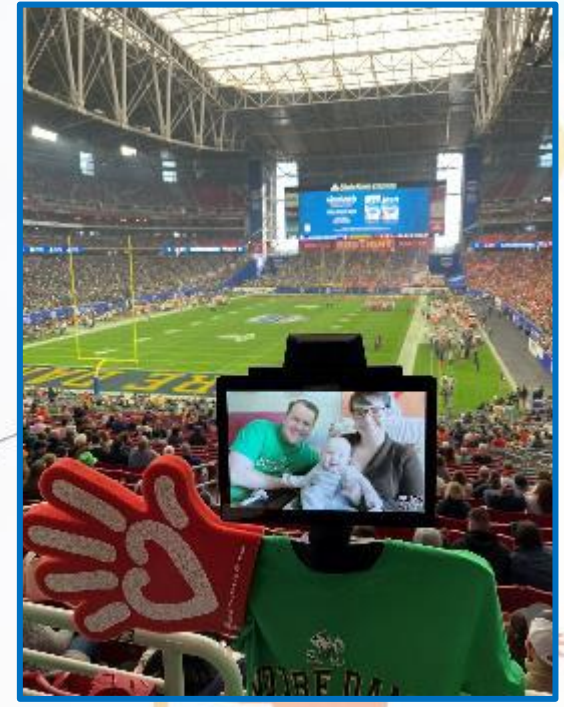


# Robots





# Robots

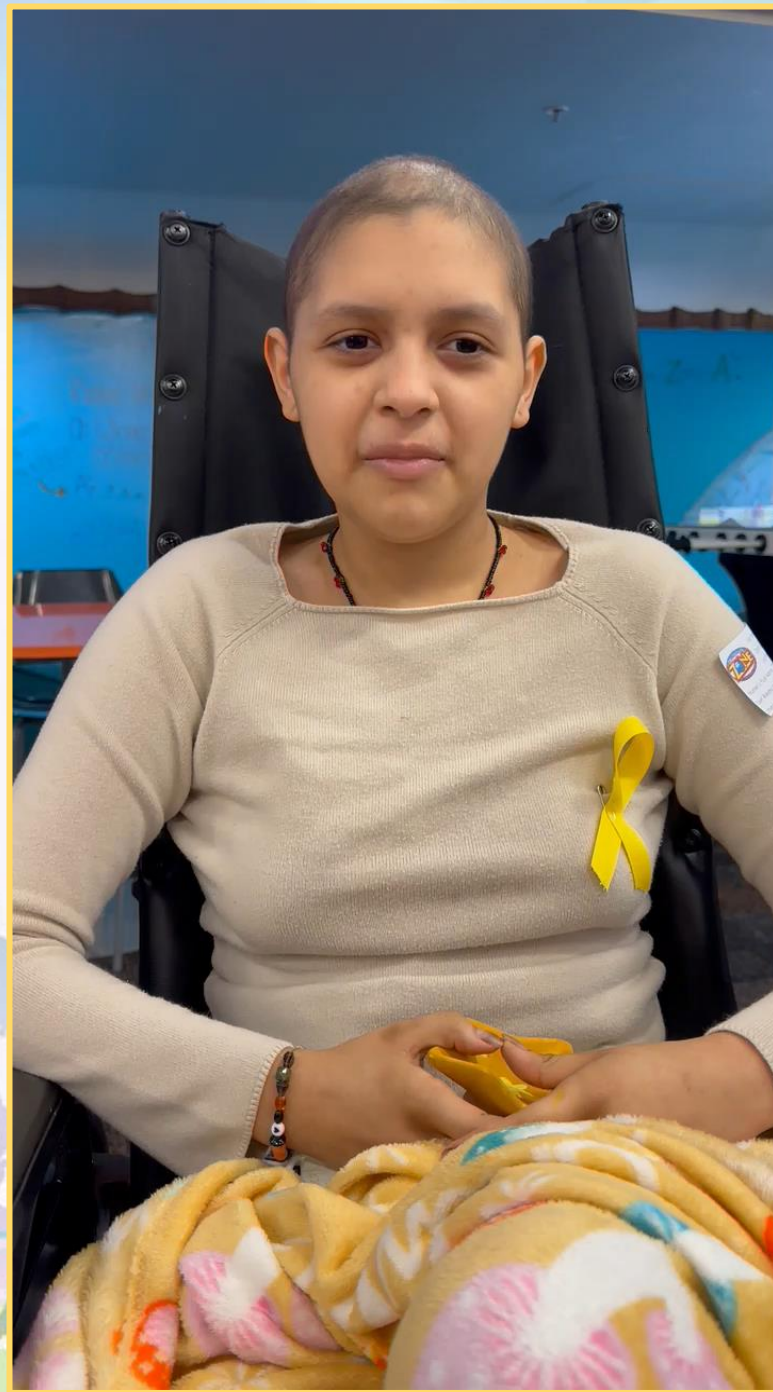


# Robots



# Why is play so important?





# Volunteers



# Volunteers

- A little history  
...a lot of change.



# Volunteers

- Specific JD
- Intentional training
- Scope
- Engagement
- Empowerment







# Collaboration With Interdisciplinary Staff

It's a TEAM Effort!

Working and collaborating with our interdisciplinary staff in the Child Life Zone is a major part of being able to provide patients with a Therapeutic Experience.

*What we strive for?*

Intentional Play with a Purpose!



# Who do we Collaborate with?

- Dietitian
- Pet therapy
- POP Team (Power of Play)
- Rehab Department
- Child Life
- Community

**Joe DiMaggio Children's Hospital** **CHILD LIFE ZONE WEEKLY CALENDAR**

**SEPTEMBER 11TH-15TH 2023** Child Life Zone Coordinator 65-6846

| Day       | Activities  |
|-----------|---|
| <b>M</b>  | 10:00am Music in the Lobby<br>11:00am Movie in Zone<br>3:00pm-Zone Closes Early               |
| <b>T</b>  | 11:00am-National Video Game Day<br>2:00pm-Arts and Crafts<br>*Hosted by HOOTERS               |
| <b>W</b>  | 2:30pm-Cooking with Science<br>come have fun with Mr. George and Dietitian<br>3:00pm GOLF     |
| <b>TH</b> | 11:00am-Come Visit Freedom and play some games<br>2:00pm-Arts and Crafts                      |
| <b>F</b>  | Happy Rosh Hashanah!<br>10:30am- Miami Music Medics on Units<br>2:00pm-Fun Friday Dance Party |

*Child Life Zone is closed on weekends*

**Music Monday** **Team Tuesday** **Wacky Wednesday** **Tie-Dye Thursday** **Fun Friday**

# Dietitian

Collaboration working with both our Dietitians and our Head Chef to provide cooking classes 1-2 times a month in our Child Life Zone

Cooking Classes are based on:

- Patient Diagnosis
- Food Aversion Classes
- Breast Feeding Cooking Classes
- Holiday Cooking Classes



# Pet Therapy

Our Pet Therapy Program is involved with both inpatient and outpatient units in the hospital. We collaborate with Freedom and the Pet Therapy handler to provide patients with a therapeutic experience in the Zone.

Freedom has weekly activities in our Child Life Zone

- JDCH TV
- Arts and Crafts Projects
- Exercise and Mobility
- Daily Living Activities



Carmen-CCLS  
Pet Therapy Coordinator

# Creative Arts Team

Our Creative Arts Team is ingrained into our Child Life Zone and is on our weekly calendar of events to provide patients the opportunity to engage, socialize and normalize their environment with a therapeutic purpose

- Music Therapy
- Art Therapy
- Yoga
- Gaming and  
Tech Specialist



# POP Team (Power of Play)

Our Power of Play team is NEW to our hospital. It is a team of staff that help to promote play and normalization within our hospital.

- Creative Arts
- Child Life
- Transport
- Lotsy Dotsy



## Catch the Fun!

| Music<br>MONDAY  | TEAM<br>TUESDAY  | wacky<br>WEDNESDAY   | Tie dye<br>THURSDAY  | FUN<br>FRIDAY  |
|--|--|--|--|--|
|   |   |   |   |   |
|  |  |  |  |  |

  
**Joe DiMaggio Children's Hospital**

# Rehab Department

The Rehab Department collaborates utilizing the Child Life Zone to reach therapy goals with their patients. Occupational Therapy, Physical Therapy and Speech Therapy incorporate therapy times in the zone. Patients also have free time scheduled that is placed on their daily therapy schedules to come to the zone to help participate in activities for normalization and socialization.



# Child Life-Medical Play

Child Life utilizes the Child Life Zone in many ways. One way is the Medical Play Ambulance. We have an App that was designed specific to our hospital to help educate and prepare patients for any procedures or surgeries or provide post procedural support.



## Body Systems - Cardiovascular System

EXPLORE & PLAY MODES



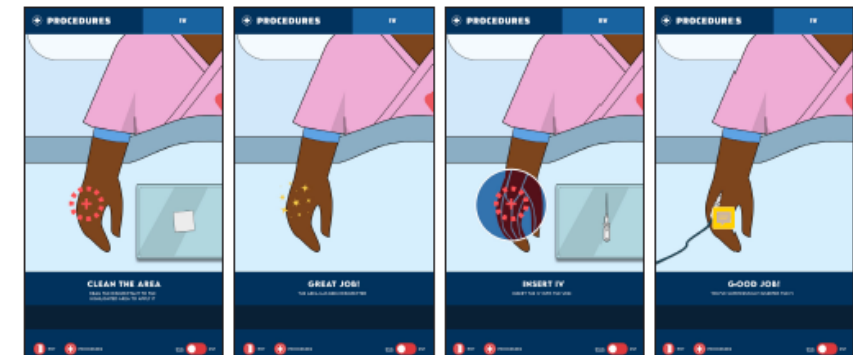
1. The "Explore Mode" for the Cardiovascular system.



2. In "Play Mode", visitors will be able to watch an animation of blood flowing in and out of the heart. They will be able to control the speed of this animation with the slider below.

## Procedures - IV

ACTIVITY



5. After the tourniquet is applied, visitors use an alcohol swab to clean the area where the IV will be placed.

6. The patient is congratulated for disinfecting the area.

7. Visitors see a cutaway view of the patient's veins and insert the IV.

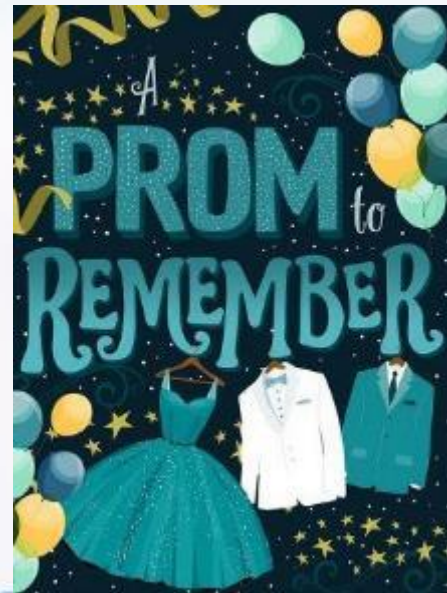
8. The visitor is congratulated for placing the IV in the vein.

End Goal: One Day to have the App Available on our IPADS to show every patient around the hospital not just in the Zone.



# Child Life-PROM

Child Life hosts an annual Prom every year for patients who are both inpatient and outpatient. This was our first-year hosting prom in our Child Life Zone. We can host a prom each year thanks to Dunkin JOY and Childhood Grant and A Prom to Remember



# Child Life-Prom



# Community

The Child Life Coordinator partners with the community to provide patients with fun events while here in the hospital. We can host the events in both our Child Life Zone and throughout our hospital by going room to room or in the inpatient playroom.





Thank you for being the inspiration for intentional play!

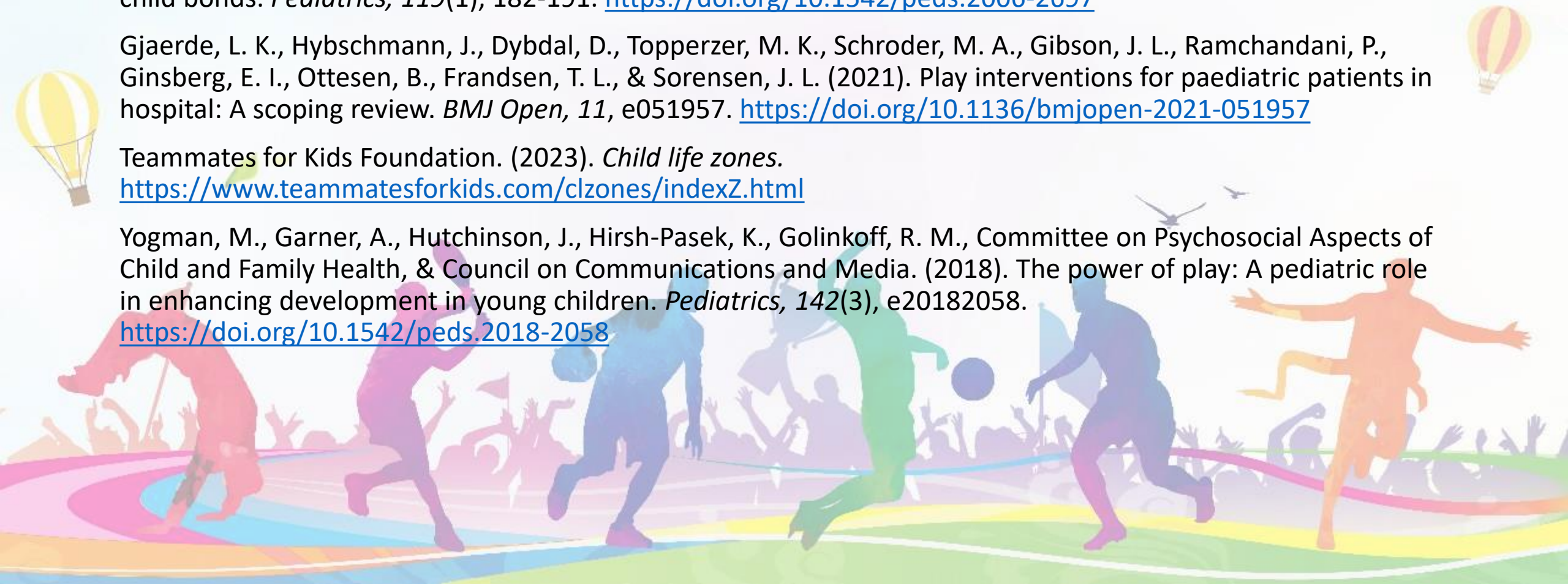
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**Please remember to go on  
event and fill out the  
session survey!**

